



**For Immediate Release**

## **Executive Hotel Le Soleil gets guests moving with “Energation” package**

**June 05, 2013, Vancouver, BC** – The Executive Hotel Le Soleil is inviting their guests to ‘act like a Vancouverite’ with their new Energation package, which focuses on the outdoor and indoor healthy living lifestyle that has helped define the Vancouverite.

Vancouver has long been recognized as one of North America’s most walkable cities, with many options for both residents and visitors to get outside, get fit and to mix up their standard gym routine. With a backdrop of the north shore mountains, and surrounded by the Pacific Ocean, the downtown peninsula is home to more than 80,000 residents. For these residents, many of whom commute to work on foot or bicycle, the outdoor fitness options throughout Vancouver often seem endless. With the ability to kayak around nearby Granville Island, run or cycle on the 8.5 Km seawall that wraps around both Stanley Park and the city’s downtown core, or head across to the challenging – and infamous – Grouse Grind, residents are more often seen in workout gear than formal attire.

The Executive Hotel Le Soleil Energation package includes a one night stay in an executive queen one bedroom suite, complimentary Wi-Fi, valet parking, a Healthy Start Breakfast, and two gym passes to the nearby YWCA or Steve Nash Sports Club. And, to help assist with the numerous fitness activities available to guests, their guest services team and concierge have maps of downtown running routes, dedicated cycling lanes throughout the core, and schedules of activities for both fitness centre partners. The hotel also has two Cruiser bicycles, complete with helmets and bike locks that can be rented by guests so they can hop on the saddle from the doorstep of the hotel.

“We’ve created the Energation package to highlight to our guests the tremendous fitness options available at our front door,” says Barbara Hicks, general manager of Hotel Le Soleil. “With so many activities to entice our guests to change into their workout gear and get outside and explore the city by foot or pedal, or to head to our partner fitness facilities, we’re convinced that they will feel more like a Vancouverite and truly appreciate our amazing West Coast lifestyle.”

In addition to the day to day fitness activities in the city, Vancouver hosts several annual fitness competitions and festivals including the BMO Vancouver Marathon, the Gastown Grand Prix (July), and the RBC GranFondo Vancouver to Whistler – Sea to Sky (September), all within a short distance of the Executive Hotel Le Soleil.

“While it’s true that we often prefer yoga pants and fleece over cashmere and pearls, we won’t hold it against our guests who are here for business if they want dress more formally for meetings,” says Hicks.

The Energation package starts at \$299.Cdn and can be booked by visiting [www.lesoleilhotels.com](http://www.lesoleilhotels.com) or by calling 1-877-632-3030

**About Executive Hotel Le Soleil**

[Executive Hotel Le Soleil](#) is a 119-suite property in the centre of Vancouver's business and shopping districts known for its luxury boutique experience and exceptional service. A four-diamond property (AAA) since it opened its doors in 1999, it is part of an expanding collection of luxury hotels and residences owned and operated by Executive Hotels & Resorts, a Vancouver based corporation with 17 hotels world-wide. The Hotel Le Soleil brand is classical and cutting edge in its approach, yet each property retains individualized touches making them instantly recognizable and refreshingly different. Hotel Le Soleil is only three blocks from the Vancouver Convention Centre, Canada Place Cruise Terminal, Harbour Air Seaplanes terminal, and the Canada Line – a 25 minute Sky Train ride to the Vancouver International Airport (YVR). For more information about Hotel Le Soleil, visit [www.lesoleilhotels.com](http://www.lesoleilhotels.com)

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